



## **General Rules and Regulations**

- Climbing is inherently dangerous. Be aware that injury can occur despite adhering to the following rules and regulations.
- Everyone must check in at the front desk.
- All Visitors must have a valid waiver. Minors must have a waiver signed by their legal guardian.
- Always be aware of your surroundings- never walk, sit or stand beneath climbers, and do not climb above or below other climbers.
- Parents are responsible for their children.
- Children under the age of 14 must have close, direct adult supervision at all times or be participating in a BCG program. An adult cannot supervise more than 3 youth at a time.
- You must be 14+ in order to belay clip-ins or take a Belay test.
- Teaching or instruction, including teaching belay sequence or knot tying is Prohibited.
- Climbers must be certified by BCG to Top rope or Lead belay.
- Be aware of fall zones and any potential landing surface risks prior to bouldering.
- No beverages, food or gum are allowed in the climbing area. This includes water bottles.
- A shirt and footwear must be worn at all times: No bare feet, no bare chests.
- No running, jogging, skipping, wrestling or gymnastics.
- No drugs, alcohol or objectionable language.
- Notify staff of any unsafe or concerning activity, or any accidents/injuries.
- All climbers must wear shoes while climbing. Those bouldering must use climbing shoes.
- In order to use the clip-ins, top ropes, or lead ropes, you must pass the corresponding belay test.
- You must be 16+ to use the training room or training equipment. This includes but is not limited to: rings, weights, hangboards, and system boards.
- No tobacco, vapor or e-cigarette usage in the building or on the property.
- Staff reserve final judgement on what constitutes appropriate personal protective climbing equipment (ex. Harness, Belay device etc)
- Staff have final say on all rule interpretations.

## **Etiquette**

Climbing is a dangerous sport. All climbers must do partner checks/safety double checks before each and every climb.

- Always communicate clearly with your climbing partner.
- ALWAYS DOUBLE CHECK YOUR SET UPS! (clip ins, ATC, etc)

- Remove all rings, loose jewelry and items from pockets.
- Do not use objectionable language (swears, slurs etc)
- Give the right of way to climbers who began before you.
- Avoid monopolizing routes/climbs during busy times.
- Stay focused on your climber when belaying or spotting.
- Do not "spray" beta or info unless you have asked.
- Contain your chalk as much as possible- avoid contaminating air quality with excessive chalk dust.
- Contain your equipment- use the cubbies, leave your things in your car, and otherwise condense and consider others space.
- Let staff know if you bleed on any surface so they can clean up.
- Do not walk between a belayer and the wall
- Do not walk under a roped climber, top-rope or lead, even if said climber is hanging.

## **Rules to Boulder By**

Individuals who are bouldering must take responsibility for their own safety and protection.

### **Bouldering is inherently more dangerous than roped climbing.**

- Bouldering is Prohibited where there is a designated black line on the wall.
- Do not boulder above the Red Line where one is present.
- Bouldering is only allowed above thick padded flooring - bouldering is prohibited outside of these areas.
- Be aware of your surroundings.
- Climbers should always assess their own comfort level and ability when considering unroped climbing.
- Be conscious of the swing and fall zone of other climbers.
- Do not sit or stand in the fall zone.
- Do not wear harness while bouldering.
- Never boulder underneath another climber. Be extra aware of lead climbers and traversing routes.
- Do not climb higher than you feel comfortable falling all the way to the ground.
- Attempt as much as possible to downclimb rather than jumping.
- Children under the age of 14 must have close, direct adult supervision at all times or be participating in a BCG program. An adult cannot supervise more than 3 youth at a time.

## **Top Rope/Lead Rules**

- You must be 14+ in order to belay Top Rope or take a Belay test.
- You must be 14+ in order to Lead Belay or take a Lead Belay test.
- Climbers must be TR belay certified by BCG in order to use Top Ropes.

- Both partners must be Lead certified by BCG in order to lead climb/belay.
- Teaching or instruction, including teaching belay sequence or knot tying is Prohibited.
- All climbers must tie in using a Figure 8 follow through knot and minimum 6" of tail.
- Remain underneath the belay bar designated for your climb.
- No back leading, following, or top roping on a lead only route.
- No using outside or personal ropes for lead climbing.
- Do not skip clips.
- Staff may retract certification or require retesting at any point, for any reason.

### **Training Room Rules:**

- You must be 16+ to use the training room or training equipment. This includes but is not limited to: rings, weights, hangboards, and system boards.
- BCG Youth programs are exempted from the above with explicit coach permission and supervision.
- No Bare feet on the Climbing Mats
- No bare-chestedness.
- Use equipment at your own risk; Staff are happy to provide orientation on proper use of all training equipment.
- BCG groups and classes take priority of the space during their scheduled sessions.

### **Autobelay Rules:**

- You must be 14+ in order to clip into autobelays.
  - All guests must complete an autobelay orientation with staff prior to using them.
  - Always double check that the climber is properly and fully clipped into the rope.
  - Stay beneath the belay bar you are clipped to. (Do not attempt to climb walls designated for other ropes/belay bars.)
  - Do not climb above the belay bar.
  - Do not swing on the ropes.
-